As you prepare for the start of the academic year, it's important to prioritize your health and wellness needs. Taking time to take care of your health and wellbeing will better enable you to reach your academic goals. Review these recommendations to complete before arriving on campus to help keep you and our campus communities healthy and safe.

Using the list below, you're encouraged to review your immunizations prior to coming to NSCC. Being up to date on your immunizations ensures your health and the health of others is protected while you pursue your studies.

Meningococcal B	Tetanus, Diphtheria, Pertussis (Tdap)

While NSCC requires students to meet certain vaccination requirements based on their program of study, there are additional immunizations that we strongly recommend for students.

Meningitis is a serious illness that can infect the brain, spinal cord and blood. This infection can cause lifelong disability or death if untreated. We suggest all students 25 years of age and under living in campus housing receive the . However, all students living in tight quarters off campus are